



## Meningococcal Disease Vaccination Recommendations

The National Foundation for Infectious Disease (NFID) strongly supports the meningococcal disease immunization recommendations issued by the Centers for Disease Control and Prevention's (CDC) Advisory Committee on Immunization Practices (ACIP) targeting all adolescents 11-18 years of age.

*The CDC recommends meningococcal vaccination for all adolescents 11-18 years of age. Additional groups at increased risk for meningococcal disease recommended for routine vaccination include:*

- Anyone with a damaged spleen or whose spleen has been removed
- Anyone who has terminal complement component deficiency (an immune system disorder)
- Microbiologists who are routinely exposed to isolates of *Neisseria meningitidis*
- Military recruits
- Anyone exposed to meningitis during an outbreak
- Anyone traveling to areas where meningococcal disease is common (e.g., some parts of Africa)
- Anyone else interested in reducing their risk of contracting meningococcal disease